

Lisa Fuch's approach with Students:

In the summer when the students are new, I teach a difficult class. After the first exam student's quickly realize that they need to study more, or change work hours.

I do a couple of things one, I have the students fill out a week's worth of what they do in a typical day, which includes studying, work ect. I have them research study methods to see which one will fit with their lifestyle.

I give the students points for the paper which are added to the first exam. I review all of the study habit/changes papers along with each student's schedule and meet one on one with them to start a coaching process.

We talk about work life balance, and what has to give in life to succeed in their professional year.

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